

# Characteristics and Etiology of Infants and Young Children with Disabilities Autism Spectrum Disorder Sample Syllabus

# **Course Description**

This course is designed to help students learn about autism spectrum disorder (ASD) in terms of potential causes, prevalence, early signs, diagnosis and eligibility, treatment/therapies, and evidence-based practices. This course will focus on autism spectrum disorder in young children, birth through five years old. Students will learn how to recognize the signs of autism to increase early identification of ASD. Family-centered practices will also be discussed in this course since families are essential in early intervention for children with autism spectrum disorder. Students will learn and practice implementing strategies for working with children and families of children with ASD.

# **Course Learning Objectives**

As a result of active participation and successful completion of course requirements, students will be able to:

- 1. Define aspects of autism spectrum disorder including potential causes, prevalence, early signs, diagnosis and eligibility, treatment/therapies, and evidence-based practices.
- 2. Recognize the signs and practice screening for ASD.
- 3. Compare and contrast different therapies available for children with ASD.
- 4. Practice implementing and teaching others about EBPs for children with ASD.

# Readings

Bradley, C. C., Boan, A. D., Cohen, A. P., Charles, J. M., & Carpenter, L. A. (2016). Reported history of developmental regression and restricted, repetitive behaviors in children with autism spectrum disorders. *Journal of Developmental and Behavioral Pediatrics*, *37*(6), 451-456. <a href="https://doi.org/10.1097/DBP.000000000000316">https://doi.org/10.1097/DBP.0000000000000316</a>

Bradshaw, J., Koegel, L. K., & Koegel, R. L. (2017). Improving functional language and social motivation with a parent-mediated intervention for toddlers with autism spectrum disorder. *Journal of Autism and Developmental Disorders*, *47*(8), 2443-2458. https://doi.org/10.1007/s10803-017-3155-8

Fontil, L., Sladeczek, I. E., Gittens, J., Kubishyn, N., & Habib, K. (2019). From early

intervention to elementary school: A survey of transition support practices for children with autism spectrum disorders. *Research in Developmental Disabilities, 88,* 30-41. <a href="https://doi.org/10.1016/j.ridd.2019.02.006">https://doi.org/10.1016/j.ridd.2019.02.006</a>

- Kanner, L. (1943). Autistic disturbances of affective contact. Nervous Child 2, 217-250.
- Maenner, M. J., Shaw, K. A., Bakian, A. V., Bilder, D. A., Durkin, M. S., Esler, A., Furnier, S. M., Hallas, L., Hall-Lande, J., Hudson, A., Hughes, M. M., Patrick. M., Pierce, K., Poynter, J. N., Salinas, A., Shenouda, J., Vehorn, A., Warren, Z., Constantino, J. N., ... Cogswell, M. E. (2021). Prevalence and characteristics of autism spectrum disorder among children aged 8 years—Autism and Developmental Disabilities Monitoring Network, 11 Sites, United States, 2018. MMWR Surveillance Summaries, 70(11); 1-16. http://dx.doi.org/10.15585/mmwr.ss7011a1
- Robins, D. L., Fein, D., & Barton, M. (2009). Modified Checklist for Autism in Toddlers, Revised, with Follow-Up. (M-CHAT-R/F)™

  <a href="https://mchatscreen.com/wp-content/uploads/2015/09/M-CHAT-R-R-R-R-W-Aug2018.pdf">https://mchatscreen.com/wp-content/uploads/2015/09/M-CHAT-R-R-W-Aug2018.pdf</a>
- Sam, A., Waters, V., Dees, R., & AFIRM Team. (2022). Selecting an evidence-based practice. The University of North Carolina at Chapel Hill, Frank Porter Graham Child Development Institute, Autism Focused Intervention Modules and Resources. <a href="https://afirm.fpg.unc.edu/selecting-evidence-based-practice">https://afirm.fpg.unc.edu/selecting-evidence-based-practice</a>
- Steinbrenner, J. R., Hume, K., Odom, S. L., Morin, K. L., Nowell, S. W., Tomaszewski, B., Szendrey, S., McIntyre, N. S., Yücesoy-Özkan, Ş., & Savage, M. N. (2020). *Evidence-based practices for children, youth, and young adults with autism*. The University of North Carolina at Chapel Hill, Frank Porter Graham Child Development Institute, National Clearinghouse on Autism Evidence and Practice Review Team.

  <a href="https://ncaep.fpg.unc.edu/sites/ncaep.fpg.unc.edu/files/imce/documents/EBP%20Report%202020.pdf">https://ncaep.fpg.unc.edu/sites/ncaep.fpg.unc.edu/files/imce/documents/EBP%20Report%202020.pdf</a>
- Wolfberg, P., Bottema-Beutel, K., & DeWitt, M. (2012). Including children with autism in social and imaginary play with typical peers: Integrated play groups model. *American Journal of Play*, *5*(1), 55-80.

### **Accommodations**

Section 504 of the Rehabilitation Act of 1973 and the American with Disabilities Act of 1990 require the institution to provide academic adjustments or accommodations for students with documented disabilities. Students seeking academic adjustments or accommodations must self-identify with the Coordinator of Services for Students with Disabilities on the appropriate campus.

### **Attendance**

Since many of the classes involve activities, videotapes, discussion, etc., regular attendance is vital to gain maximum benefit. Because this is a 15-week course, each class member needs to make every effort to attend each class. Anyone who misses more than one class will lose 5 points for each class missed after the first absence. Significant tardiness or early departure beyond 15 minutes will count as an absence. If you know ahead of time you will not be in class, please contact the instructor the day before the class.

### **Communicating with the Instructor**

All correspondence from the instructor to the students by way of announcements, updates, assignments, and so forth, will be communicated via school email or online learning management system if not verbally in class. It is the student's responsibility to ensure their university e-mail is correct. Failure to do so may result is missing important information that could negatively impact your grade. Please be mindful of professionalism.

### **Course Outline**

The following schedule is subject to change. For any course syllabi posted prior to the beginning of the semester, the course instructor reserves the right to make changes prior to or during the semester. The course instructor will notify students, via e-mail or verbal announcements when changes are made in the requirements and/or grading of this course. *The course instructor reserves the right to revise the schedule/assignments if needed.* 

# **Course Schedule**

| Week | Topic                            | Reading                         | Activities                              |
|------|----------------------------------|---------------------------------|---|
| 1    | What is Autism? Neurological     |                                 |   |
|      | Disorder, Genetic and Biological |                                 |   |
|      | Basis                            |                                 |   |
| 2    | Prevalence of ASD, Environmental | Maenner et al., 2021            |   |
|      | Influences                       |                                 |   |
|      |                                  | CDC: ASD: Data &                |   |
|      |                                  | Statistics on ASD               |   |
|      |                                  |                                 |   |
|      |                                  | Autism Research Institute:      |   |
|      |                                  | Genetics, the                   |   |
|      |                                  | Environment & Autism            |   |
| 3    | Finding Reliable Information on  | Autism Research Institute:      |   |
|      | ASD                              | A Guide to Identifying and      |   |
|      |                                  | <u>Understanding Scientific</u> |   |
|      |                                  | Research about Autism           |   |
| 4    | Early Signs of ASD and           | Bradley et al., 2016            | Assignment: "Autism in Toddlers" course |
|      | Developmental Regression         |                                 |   |
| 5    | Characteristics of ASD           | Kanner, 1943                    |   |
| 6    | Screening for ASD                | Robins, Fein, & Barton,         | Assignment: Case Study                  |
|      |                                  | 2009: Modified Checklist        |   |
|      |                                  | for Autism in Toddlers,         | In-Class Activity: MCHAT                |
|      |                                  | Revised, with Follow-Up         |   |
|      |                                  | (M-CHAT-R/F)™                   |   |
| 7    | Assessing and Diagnosing ASD     | CDC: DSM-5: <u>Diagnostic</u>   | Assignment: DSM-5                       |
|      |                                  | Criteria for 299.00 Autism      |   |
|      |                                  | <u>Spectrum Disorder</u>        |   |
|      |                                  |                                 |   |
|      |                                  |                                 |   |

| Week | Topic   | Reading                        | Activities   |
|------|---|--------------------------------|--|
|      |   | CT: CT Guidelines for A        |  |
|      |   | Clinical Diagnosis of          |  |
|      |   | Autism Spectrum Disorder       |  |
| 8    | Early Intervention, Family-Centered Practice in ASD | Wolfberg et al., 2012          | Discussion: Discuss the common early intervention services for children with ASD. What are some similarities and |
|      |   | CDC: Act Early Modules         | differences?   |
|      |   | Video: <u>Play Project</u>     |  |
|      |   | Video: <u>ABA</u>              |  |
| 9    | Transition and Eligibility in<br>Preschool          | Fontil et al., 2019            | Assignment: M-CHAT Practice Implementation   |
|      |   |                                | Discussion: Find an early intervention related to transition   |
|      |   |                                | from early intervention to early childhood special education.  |
|      |   |                                | Here is an example: Pennsylvania   |
| 10   | Overview of Evidence-Based                          | Steinbrenner et al., 2020      | In-class: Small group practice on implementing IEPs  |
|      | Practices   | (pp. 8-29)                     |  |
| 11   | Modeling and Reinforcement                          |                                |  |
| 12   | Time Delay and Prompting                            |                                |  |
| 13   | PECS, Visual Supports, and Social                   | Vanderbilt: Website and        | Assignment: EBP Presentation due   |
|      | Narratives  | Social Stories                 |  |
|      |   |                                | In-class: EBP Presentations  |
|      |   | Achievement Centers for        |  |
|      |   | Children: <u>PECS video</u>    |  |
|      |   | <u>illustration</u>            |  |
| 14   | Antecedent-Based Intervention                       | Wayne RESA: PBIS: <u>Tier</u>  | In-class: EBP Presentations  |
|      | and Functional Behavior                             | Three Forms and                |  |
|      | Assessment  | Resources                      |  |
|      |   | <ul> <li>Antecedent</li> </ul> |  |
|      |   | Behavior                       |  |

| Week | Topic                             | Reading                        | Activities |
|------|-----------------------------------|--------------------------------|------------|
|      |                                   | Consequence                    |            |
|      |                                   | (ABC) log                      |            |
|      |                                   | <ul> <li>Functional</li> </ul> |            |
|      |                                   | Behavioral                     |            |
|      |                                   | Assessment                     |            |
| 15   | Discrete Trial Training (DTT) and | Bradshaw et al., 2017          |            |
|      | Task Analysis; Parent-Implemented |                                |            |
|      | Interventions                     | AFIRM: Discrete Trial          |            |
|      |                                   | Training Packet                |            |

### **Instructions for Assignments**

### 1. Assignment: Autism in Toddlers Course

Description: Complete the course found here: <a href="https://autismnavigator.com/">https://autismnavigator.com/</a>

# 2. Assignment: Case Study

Description: CDC Autism Case Training (Continuing Education): Screening for ASD

• Complete the CDC Case Study: <u>Screening for Autism Spectrum Disorder</u>

### 3. Assignment: DSM-5

Description: Practice looking for the two criteria for ASD diagnosis during observations.

- Review the diagnostic criteria for autism spectrum disorder.
- Watch a 30-minute video of a child playing in a natural environment.
- Write a summary of your observations and initial thoughts for each DSM-5 criterion.

### 4. Assignment: M-CHAT Practice Implementation

Description: Practice implementing the M-Chat screening tool with a child and family.

- Ask a parent of a child 16 months to 30 months to participate in this assignment.
  The parent does not have to be concerned about their child's development to
  participate. Before implementing the screening tool, review the M-CHAT
  thoroughly. Ask the parents the questions and then complete the follow-up
  section with them. (This concludes the parent involvement part).
- Score the M-CHAT based on the answers the parent gives. Decide whether the
  child should receive a referral to early intervention or diagnostic testing. Write a
  reflection of your experience implementing the M-CHAT and what you would say
  to the parent about the results.

### 5. Assignment: EBP Presentation

Description: Prepare a 15-minute presentation about an EBP of your choice and present it to the class using the information you gained from a module and at least two other sources.

- Choose an evidence-based practice (one that is not listed on the syllabus) that is used for young children with autism (birth through 5).
- Complete the module for your chosen practice here <a href="https://afirm.fpg.unc.edu/afirm-modules">https://afirm.fpg.unc.edu/afirm-modules</a>. (Scroll down to "Available EBP Modules").

- Find at least one **peer-reviewed** journal article (can be a practitioner article, literature review, or study) about your topic (relevant to the birth to 5 population) within the last 5 years.
- Find at least one **peer-reviewed**, **empirical study** about your topic (relevant to the birth to 5 population) within the last 5 years.
- Create a presentation that includes:
  - Overview of the EBP
  - Overview of the two sources chosen
  - o Conclusions drawn
  - How the information can be applied in your work
  - Questions/discussion/activities for the class to apply the information
- Sign up for a date to present

### **Course Grading**

Assignments are due by 11:59pm on the indicated date. Late assignments without previous written approval of the instructor will incur a 50% penalty for the first time and lose all points beyond. This instructor and learners are required to adhere to the University's Academic Integrity policy. Any plagiarism will not be tolerated and referred to the Academic Integrity Office. The learner will be given an "F" in the course and be recommended to the Student Conduct Office.

Learners will be evaluated based upon the assignments described below. The plus/minus grading system and scale is as follows:

| Letter Grade | <b>Grade Range</b> |
|--------------|--------------------|
| Α            | 93 and above       |
| A-           | 90-92              |
| B+           | 88-89              |
| В            | 83-87              |
| B-           | 80-82              |
| C+           | 78-79              |
| С            | 73-77              |
| C-           | 70-72              |
| D            | 60-69              |
| F            | 59 and below       |

| Component  | Weight for final grade |
|--|------------------------|
| Professional conduct (preparation for class, in class) | 20%                    |
| In-class group work/practice activities (5)            | 30%                    |
| DSM-5 Assignment                                       | 10%                    |
| M-CHAT Practice Assignment                             | 20%                    |
| EBP Presentation                                       | 20%                    |

### Resources

Resources to supplement the Syllabus:

- Association for Science in Autism Treatment
- Autism Focused Intervention Resources & Modules (AFIRM)
- Autism Research Institute
- Autism Speaks
- Autism Spectrum Disorder (CDC)
- <u>Center on the Social and Emotional Foundations for Early Learning: Resources: Practical Strategies for Teachers/Caregivers</u>
- Healthy Children: Autism Spectrum Disorder in Children
- Illinois Early Intervention: Autism
- Illinois Early Learning Project: Podcasts: Supporting ASD
- KidsHealth: Autism Spectrum Disorder
- National Institute of Mental Health: Autism Spectrum Disorder
- Sesame Street in Communities: Autism
- Simons Foundation Autism Research Initiative (SFARI)
- The Autism Project
- The Autism Navigator
- The National Professional Development Center on Autism Spectrum Disorder

### Journals in EI/ECSE

Below are examples of journals that publish topics about EI/ECSE. Faculty may want to explain how to use articles to support practice and to examine current research. Clarify the difference between practitioner-based journals and research-based journals.

- Exceptional Parent Magazine
- Infants and Young Children
- International Journal of Early Childhood Special Education
- Intervention in School and Clinic

- Journal of Autism and Developmental Disorders
- Journal of Early Hearing Detection and Intervention
- Journal of Early Intervention

- Journal of Special Education Technology
- Rural Special Education Quarterly
- Teaching Exceptional Children

- Topics in Early Childhood Special Education
- Young Children
- Young Exceptional Children

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